



A Life in Jesus

Stewardship

**A Life with Jesus
as your Lord**

Stewardship Step One

Inviting the Lord into your day

When I stop to pray...

1. *Start with:*

“Lord, open my lips, and my mouth shall proclaim Your praise.

Come, let us worship the Lord, the King who is to come.”

2. *Then, pray something like:*

“Come, Holy Spirit. Come, and be with me throughout the day. Help me to recognize your will. I give you permission to be present to me throughout the day and to guide me.”

Continue in similar words.

3. *Ask the Lord:*

“Lord, how do you want me to use this day?”

4. *Spend a few minutes listening to the Lord.*

5. *Maybe end with a Hail Mary or with a short prayer of thanksgiving.*

Stewardship:

Letting the Lord be the Lord.

Stewardship Step Two

Having the Strength You Need

Ways of Staying Strong

1. **Frequent Confession** — In confession, we are forgiven of our sins, and *we get the grace not to commit them again.*
2. **Frequent Mass and Communion** — In the Mass, we are present in an amazing way with the One who is the source of our strength. In communion, we receive the food that we need to be strong in the fight.
3. When tempted, say **a short, quick prayer** asking for the Lord's strength. Something like, "Jesus, help me" is usually enough.
4. **Offer it up** and find **joy in the midst of your suffering.** Jesus suffered, but He found joy in it because He offered it as a prayer that saved the world. Give your suffering meaning by offering it to Him, and you will find joy, too.
5. **Don't be afraid.** Jesus loves you and knows what is best for you. Pray, "Jesus, I trust in You."

Stewardship:

Trusting in the power of the Lord.

Stewardship Step Three

Maintaining Contact with God at all Times

“Thy Will be Done in me”

Becoming a steward means bringing the Lord into every situation that you encounter and asking that His will be done.

Short prayers you can memorize and pray over and over through the day can become a way of bringing God into everything you do.

When I first get up, I’ll pray:

“Lord, open my lips, and my mouth shall proclaim Your praise.”

Before I do anything, I’ll pray:

“May this be done in You, Lord Jesus.”

Before I say anything, I’ll pray:

“May I speak Your words, Lord Jesus.”

When something good happens, I’ll pray:

“Praise You, Jesus.”

When something bad happens, I’ll pray:

“Praise You, Jesus.”

Stewardship:

Letting the Lord be Lord of all.